

"Hints and Tips" on fishing a "Super Fluke"

- Flukes come in 2 sizes
 - The Fluke – Smaller of the 2
 - Super Fluke - best
- Best colors seem to be shad type:
 - White, white with chartreuse glow tail, or white ice. Fish these colors most of the time and you will have good success.
 - Use darker colors (green) on dark days.
- Fish what you have confidence in and you will catch more fish.
- What size hook to use? Use a 5/0 wide gap with a 4/0 as the smallest. Red hooks or regular hooks work equally as well. Use a weight hook 1/8-ounce to fish a little deeper, over about 10' to 20' of water. Use unweighted hooks in shallow water 1' to 10'.
- How to hook the Super Fluke?
 - Insert hook point into the nose of the fluke the same length as the eye hook shank length, pull it through the "lip" side (bottom) of the "fluke" and turn it 180 degrees. If using a weighted hook push the hook point into the nose of the fluke the same length as the eye hook shank length and through the bottom of the fluke. Pull the hook out the same hole and insert the hook eye through the hole from the bottom to the nose of the fluke. Do not pull a weighted hook through the body of the fluke, as it will tear it.
 - Push the hook through the body of the "fluke" so it comes out on the flat side of the bait. Be sure the "fluke" hangs straight.
 - It can be hooked to lay flat against the bait so it does not get hooked on cover or pushed well through the body for better hook sets. The later is suggested, as Lake Keowee has little to no cover.

- To avoid losing short strikes and increase your catch, you can add a small treble hook (size #6) by tying it to the hook eye with the length just short of the tail. Use line that is the same color as the fluke i.e. white on white baits and green or black on green baits. Use braided line or fireline that is 14 to 30-LB test and 6-LB diameter. Color it to match the bait color.
- Suggest you use a leader to rig the “fluke” by using a barrel swivel with 18” to 24” of fluorocarbon line tied to it and a snap swivel or Norman Speed clip. The swivel helps keep down line twist and the clip lets you change baits easily and does not take away from the baits action.
- To tie the line to a hook or swivel, use a Palmer or Trilene knot. These are described in the clubs CD.
- What type of line to use?
 - Use any good monofilament line Berkley Trilene XL 10 LB green monofilament line.
 - Some of the “pro’s” will use Berkley Fireline (no stretch) and use a fluorocarbon leader. There are 2 advantages to this:
 - The Fireline does not stretch so you get a faster and better hook set.
 - The Fluorocarbon line disappears in the water so as not to spook the fish and present the bait more naturally.
- Use a 6’6” medium or medium heavy spinning rod and reel as it is easier to cast the “fluke” and you can throw it much farther than with a bait casting outfit.
- If you start to get line twist an easy way to remove it is to take off the bait and run the line out behind the boat while running and the water tension will take the twist out. Suggest you do this after every fishing outing.

- How do you fish a “fluke”?
 - If bass are active you can fish it fast like a jerk bait. Reel and twitch the rod so the bait darts. It will stay up and can be used as a surface bait.
 - If the bass are inactive, fish the “fluke” in a slow mode. Cast and let it sit awhile then 2 or 3 jerks of the rod & let sit, repeat. This type of retrieve seems to work most anytime. It resembles a dying shad.
- Where and when do you fish a “fluke”?
 - It is especially effective in spring and fall.
 - Fish main lake points or islands early before and just as the sun rises.
 - After sun up, fish the deep-water sides of main lake points, secondary points and deep-water shorelines.
 - The “fluke” can be effective in water that is up to 20’ deep as “spots” will come up for it.
 - The “fluke” is an excellent bait and that can be effective most any time.
- Fish search baits like jerk baits (minnow) or lipless crankbaits if fish are active, if the action slows use a “fluke”.
- You can buy “Super Flukes” at a number of places but Wal-Mart has a good supply.